



PANTHER PRIDE WELCOME BACK!

Dear Parents,

Opening the school year is a heartfelt reminder of how much our students and school-community have grown and accomplished together. I'm incredibly proud of our students and grateful for our capable staff and supportive families. Our Panther village thrives because of the people who make this community strong for all of our students. Whether cheering for students in the stands, encouraging their varied interests or praising their engagement in academics, U-Prep students are a source of genuine inspiration and positivity! They are absolutely wonderful. As I walk the campus, visit classrooms, and interact with our people it remains an honor to note excellence in the making. Our students are engaged, enjoying school life, working hard and taking on new challenges each day. Among the special joys of life, one of my favorites is seeing students grow into confident and capable young adults. It is a bucket-filler to be a part of their world, if only for a small season in the totality of their lives. It's already a fantastic school year and we have so much to look forward to!

There are some new faces at U-Prep this year and each of them are an excellent fit for our school. They will serve our students well! Please welcome Kathy Trueblood (7th Core/8th English), Nicole Pringle (Athletic Secretary), and Taylor Angley (Geometry).

As with each month's newsletter, it is very worthwhile to take a moment to receive some inspiration from the wonderful pictures of our students, all of whom are engaged in meaningful development. There is always much to share in our newsletters, but the pictures tell the most important story about what matters to us.

Thank you for your continued support.

Shelle Peterson
Superintendent/Principal

Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven-period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.

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ASSOCIATED STUDENT BODY



JASPAL GADDY: JUNIOR HIGH ASB ADVISOR
KENT SMITH: HIGH SCHOOL ASB ADVISOR



The Junior High Welcome Back Dance was a great way to cap off the first week of the 19-20 school year. A majority of our junior high students came to the dance to enjoy the amazing music, yummy Italian sodas, snacks, and fun with friends. Many young Panthers showed off their school spirit wearing U-Prep colors and swag. We are looking forward to our fall family movie night and spirit week coming up. Stay tuned for details!

HIGH SCHOOL STUDENT GOVERNMENT

HS Student Government started out the year running with our annual popsicle social in the quad the first Thursday of the school year and our Welcome Dance on Friday. We had a fantastic group of exuberant students enjoy the evening with the help of NetSound providing DJ services.

Coming up on September 13th, we will host a free Family Movie Night on the Football field, showing "Freaky Friday". Welcome to all family members who wish to join the entire student body and purchase some snacks to support this year's ASB events. On September 17th, we will host Club Rush in the quad at all lunches for clubs members to showcase their clubs. On September 19, we will host our Fall blood drive, a day for giving back to the community through donating blood. Finally, on September 25th our High School Student Government members will be hosting a Leadership Development Day in partnership with CASL, California Association of Student Leaders, which will be offering leadership training to local area Middle School Student Governments.



VISUAL & PERFORMING ARTS

Brad Fowers-Department Chair ♦ Elizabeth Johnson-Strings & Percussion ♦ Romney Clements-Fall Musical
Marissa Kinneavy-Dance ♦ Lura Wilhelm-Visual Arts



DANCE TEAM



USA Dance Camp was a blast! Team bonding, lots of laughter, and hours upon hours of dancing. Twenty girls were able to attend camp this year, held at CSU East Bay in late July. Nine of our dancers were recognized as Supersensational Dancers. Both Lilli M and Abigail R. were chosen as All American Dancers, with Abigail going on to make it into the top 10 of all dancers at camp (over 120 dancers). Our team dance received a Superior award, and the girls earned a special "outstanding team work" award. It's going to be a great season for U-Prep Dance Team!



DANCE DEPARTMENT

The U-Prep Dance Department would like to formally welcome Shelby Stuckey to our staff. Shelby is an alumni of the U-Prep Dance Department (graduated in 2016), dancing all 7 of her years here at U-Prep, participating in many musicals, and was an original member of the first U-Prep Dance Team. Shelby was a long term substitute last year for us, but this year she is officially ours! She will be teaching Dance 1 and 2 a few days a week. Welcome, Shelby! Mrs. Kinneavy, Mrs. Holt and the U-Prep Dance Department are lucky to have you.



VISUAL & PERFORMING ARTS

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Marissa Kinneavy-Dance ♦ Lura Wilhelm-Visual Arts



U-Prep Musical Foundation

Sit down! We're rockin' the boat! *Guys and Dolls* is coming to the Marr Auditorium on November 15th, 16th, 22nd, and 23rd. The cast has been chosen and practices have begun. The U-Prep Musical Foundation parent volunteers are busy preparing for the next few months of building sets, collecting props, promoting the show, and raising funds to support this year's production.

Like pizza? We are hosting a MOD Pizza "Dine and Donate" event scheduled for September 25. Flyers will be available in the main office, on the U-Prep Panthers app, and on uprep.net.

In addition, students will be selling program ads and theater screen ads to be shown during our shows. If you are interested in placing an ad or becoming a show sponsor, please go to our website, uprepmusical.org for more information. We appreciate your support.

If you would like to be a part of making this production a success through volunteering, we would love for you to join us. It is a great way to have fun, make connections, and serve your 10 hours of volunteering.

1ST ANNUAL UNIVERSITY PREPARATORY SCHOOL

THE MATTRESS FUNDRAISER

SAVE THE DATE!



SAVE UP TO 50% OFF RETAIL

When: Saturday, November 9

Time: 10AM - 5PM

Where: @ University Preparatory School

Event Link: bit.ly/beds4u-prepmusic



com/cfsasacramento

com/cfsasacramento

hford@customfundraisingsolutions.com

Beautyrest



Adjustable Beds



Pillows

College & Career Corner + Counseling News

Mrs. Mason, Mr. Williams, & Mr. Maikranz



Senior/Junior Information Night is Monday, September 23rd in the Marr Auditorium, 6:00-7:00 PM. The evening focuses on: senior year events, college application process and important deadlines. [Ultimate Grad Company](#) will be in the lobby taking orders starting at 5:30 PM. Please plan ahead and order your graduation announcements, cap, gown, tassel and more!

The U-Prep Financial Aid Night presented by [College Options](#) will be held on Thursday, October 3rd from 6:00-7:30 PM in the Marr Auditorium. The goal of the financial aid night is to take some of the mystery out of the financial aid process and provide a basic understanding of how financial aid works. Help your family to be better informed consumers regarding education choices. Provide an understanding of how to maximize your financial aid potential and identify resources for help and assistance. We look forward to seeing you on Thursday, October 3rd at 6:00 PM.



PEER MENTOR PROGRAM

The peer mentors class would like to invite 6th graders to the Spot on Tuesdays and Thursdays in room 133 to play games and meet new friends. We have lots of games and fun activities planned, so if you are looking for something fun to do at lunch, there is always room for one more at the Spot!

PEER TUTOR PROGRAM

We have expanded our Peer Tutor availability this year and are now offering tutoring throughout the school day (2nd, 6th, and 7th periods) in our Resource Center. The Peer Tutor Program is meant to serve any student that has a free period or may be in a study hall during the above mentioned periods. If a student is in a study hall class they must check out with their teacher each period before attending tutoring. Peer Tutoring may benefit our many students involved in extracurricular activities after school. There are opportunities for Peer Tutor volunteers to help with tutoring from 3:15-4:15. Peer Tutors benefit from becoming a Peer Tutor as it provides experiences that may help with employment, develops confidence and learning ability, builds self-esteem, and creates a sense of pride in helping others. If you have any questions concerning tutoring please contact Mr. Maikranz at jmaikranz@suhsd.net.

AP College Board

Test Registration News, 2019-2020

Beginning in the 2019-2020 school year, the College Board (Pre-AP, AP) is introducing new resources and processes designed to help students earn college credit and placement. Here's what you and your student need to know:

- College Board is now asking students to register for AP Exams in the fall rather than the spring.
- The window to purchase Exams will be officially announced when school opens. This information will be sent out via the school App, School Messenger notifications, and through other communications venues.
- The AP Exam fee isn't changing. However, there will be a \$40 fee for late registration (after Nov. 15) and a \$40 cancellation or unused exam fee.
- U-Prep will continue to use the Total Registration system as the mechanism for test payment services. Your student's AP teachers will be working with students and parents to facilitate test payment through Total Registration.

For more information, please feel free to contact program support staff:

Monica Cabral, Assistant Principal (mcabral@suhsd.net)

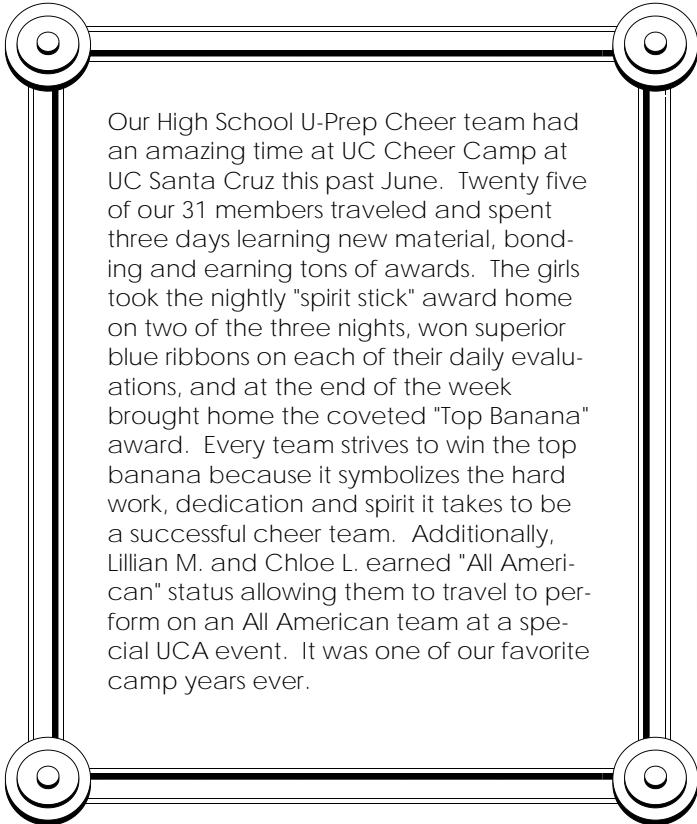
Kristen Mason (Haworth), Counselor (kmoson@suhsd.net)

Cathy Armstrong, AP Department Chair (carmstrong@suhsd.net)





U Prep Cheer



ACADEMIC CONFERENCES: SEPTEMBER 25-26



**UNIVERSITY
PREPARATORY SCHOOL**

PURSUING EXCELLENCE
TOGETHER

Parent Conference Schedule 2019-2020 Sept. 25-26; Feb. 26-27		JUNIOR HIGH	HIGH SCHOOL
7:10 – 7:45		Period 0: Jazz Band (35 min)	Period 0: Jazz Band (35 min)
7:50 – 8:25		Period 1 (35 min)	Period 1 (35 min)
8:30 – 9:05		Period 2 (35 min)	Period 2 (35 min)
9:10 – 9:45		Period 3 (35 min)	Period 3 (35 min)
9:45 – 9:55		Nutrition Break (10 min)	Nutrition Break (10 min)
9:55– 10:30		Period 4 (35 min)	Period 4 (35 min)
10:35 – 11:10		Period 5 (35 min)	Period 5 (35 min)
11:15 – 11:50		Period 6 (35 min)	Period 6 (35 min)
11:55 – 12:30		Period 7 (35 min)	Period 7 (35 min)
12:30 – 1:00		Lunch (30 min)	Lunch (30 min)
1:00 – 4:00		ACADEMIC CONFERENCES	ACADEMIC CONFERENCES

Parents: Please arrange to pick-up your students at 12:30 if they are not staying for lunch or at 1:00 if they will be staying for lunch.



A special thank you to Shasta County Sports for the coverage on our Panther Football Program. Pictured below are our Panther athletes that were ranked amongst the top 50 players to return back for the 2019 season.



Trevor T. (#20)
31 out of top 50



Cole A. (#2)
16 out of top 50



Kalani C. (#66)
42 out of top 50



Jacob R. (#32)
41 out of top 50



Trayton L. (#2)
15 out of top 50



Damon U. (#8)
24 out of top 50



Riley S. (#4)
20 out of top 50



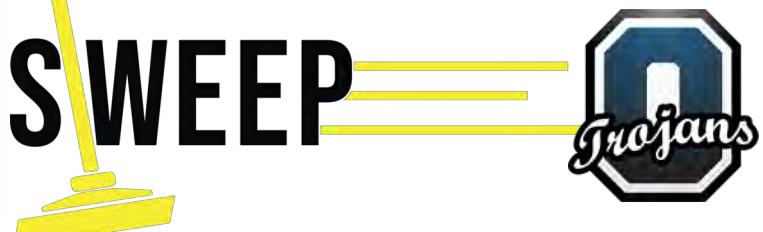
Next home game will be September 27
against Western Sierra

Varsity will begin at 7:00





Congratulations to High School Volleyball
for starting out the 2019 season with a
sweep against Orland Trojans.



VOLLEYBALL



Varsity Volleyball took home the 1st place trophy for the Chico Butte Strong tournament. This season is looking really bright for all three levels.



This years volleyball program includes an impressive 70+ female athletes. Watch the app for more volleyball updates and schedules.



Please join the 1st meeting of parents and volunteers for Seniors of 2020/Sober Grad on Tuesday, September 3rd in room 302. The Seniors 2020 organization is currently taking sign-ups for teams and hole sponsors for their golf tournament on October 26 at Gold Hills. For the month of September, there is a special deal running with Escape Redding that will benefit the class of 2020.

U-Prep and Escape Redding Team up!

For the entire month of September Escape Redding will donate 20% of all sales referred by U-Prep.

Proceeds go to UPrep Seniors 2020

Visit <http://bit.ly/uprep2020> to book now or purchase gift cards!

*No other discounts may be used with this promotion



University Prep Senior Class 18-Hole Golf Tournament

Saturday, October 26, 2019 1:00 p.m. at Gold Hills Golf Club

Register Now: Checks payable to U-Prep Sober Grad

Mail checks to U-Prep Sober Grade C/O Sober Grad 2200 Eureka Way Redding, CA 96001

\$110 per Golfer/\$400 per team – Includes 18 holes of golf, cart, range balls and dinner

Additional dinners \$20

Players Name	Phone Number	Email
1.		
2.		
3.		
4.		

Sponsorship Opportunities:

Tee: \$100 Signage on Tee

Team: \$400 4 person Team

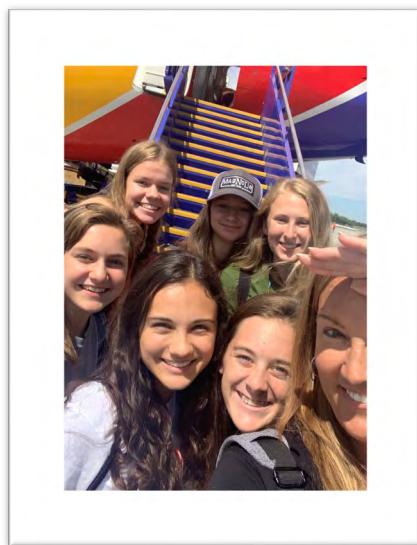
12:30 p.m. Registration

1:00 p.m. Shotgun Start

6:00 p.m. Dinner, Awards and Raffle

YEARBOOK 19-20

The 2019-2020 Yearbook Staff has been busy preparing for the school year. In July, six students along with Adviser, Ms. Cathy Armstrong, attended a Jostens Yearbook Camp at the University of San Diego. The group finalized the theme for this year's Yearbook as well as processes for the upcoming class. In early August, the Yearbook Staff got together for a day of team bonding. Students played games, went on a Photo Scavenger Hunt and began creating their own pages. The staff is looking forward to a great Yearbook and a great time creating each page to represent the events and activities at U-Prep!



WASHINGTON, D.C.

It's not too late to sign up for the 2020 8th grade East Coast trip! There are currently ten spots left! A parent info meeting is September 19th at 5pm, in room 124. Information packets will be sent home with all 8th graders soon. If you don't want to wait for a packet, you can go online to Worldstrides and sign up. The dates are June 7-13th. Our trip id# is 175620. Please email sbright@suhsd.net if you have questions



UPREP



Travels the Globe



IRELAND, WALES, SCOTLAND & ENGLAND

This past summer SEPA students and families spent fourteen days discovering Ireland, Wales, Scotland , and England. Highlights of the trip included kissing the Blarney Stone which people fail to mention is quite terrifying! In order to receive the gift of gab you must invert and suspend yourself stories above the ground to kiss the stone. They visited the Broadway of London and saw the acclaimed musical Wicked. Travelers visited the coffee bar where JK Rowling spent her days writing the original Harry Potter and attempted to reach Hogwarts via Platform 9 3/4. The list of highlights goes on and on! Interested students and families are welcome to join in the 2020 adventure where the SEPA club will travel to Germany, Italy, and Switzerland for a comprehensive understanding of the region's people and tradition. From Munich's Hofbräuhaus, where Mozart once wrote an opera, to the pink -and-white Doge's Palace, where Venetian dukes once ruled, the history is as rich as the food. Pause for reflection at Lucerne's Lion Monument, commemorating Swiss Guards killed in the French Revolution, which Mark Twain described as "the most mournful and moving piece of stone in the world." Departure dates are approximately June 20 - June 22, 2020. You won't want to miss this trip. Please email Christi Isheim for more information: cisheim@suhsd.net.



CHINA

One of the Student Learning Outcomes of U-Prep is to enable our students to become "A Positive Member of a Diverse Society -- Able to demonstrate compassion and empathy throughout the community, both locally and globally". One strategy used to help our students become global citizens has been sending our students out of the country to embark on an eye-opening and life-changing international experience, in China. To date, with funding sought from various sources, U-Prep has sponsored 8 culture trips that had sent about 300 students and parents to more than 20 cities in over half of China's 32 provinces.

The summer trip of 2019 was organized by the Confucius Classroom at U-Prep. On this 2-week service learning trip in July, fourteen high school students led by two chaperones visited Xi'an, Shanghai, Taicang, Suzhou, Qufu, TaiAn, Dezhou and Beijing, and volunteered over 20 hours of service teaching local Chinese students English. In the two English summer camps in Taicang and Beijing, our students teamed up with their Chinese counterparts in groups and communicated in English while having fun together. Interactive activities introduced a variety of American culture topics including American history, currency, music, geography, sports and holidays. Staying with Chinese host families also gave our students a rare chance to observe the daily lives of Chinese families. Like the previous trips, the China trip 2019 proved to be great success. Feedbacks from Chinese students and families as well as American students and families were amazing. Many students felt that the international experience propelled them towards more acceptance and understanding of different cultural and community perspectives, enhanced their awareness, multi-faceted learning strategies, and improved their analytical and problem solving skills. Many students have already started planning on their next summer trip to China.

Any students interested in participating in this eye-opening and life-changing annual event are welcome to contact Dr. Cheng at bcheng@suhsd.net.



Come join the fun!

One Mile Walk/Fun Run, One Mile Race, 5K Run

SEPTEMBER 7, 2019 - first race starts at 9am

Follow the link below to register, or scan the QR code and it will take you straight to the registration site.

<https://forms.gle/Ud2M35A7ZSPSCjJr9>



U-Prep Scrip Program...It's baaaaack!



Wait stop...Read Me PLEASE!

Hi, my name is Vicki and I am the new Scrip Coordinator and before you just skip over this blurb, please take a moment to HELP a struggling coordinator out. Scrip is an EASY program to put money right back into your child's school. It is so easy that it is easily overlooked as a fundraiser! Don't commit the "too easy" foul.. Visit www.shopwithscrip.com website and see how EASY it is to be part of a great fundraiser!

Do you buy gas? Use Scrip EASY

Do you buy groceries? Use Scrip EASY

Do you go out to Eat? Use Scrip EASY

Are you seeing a pattern here? It really is EASY and now it is even EASIER with www.myscripwallet.com you can easily take care of all your reloadable carts, buy ecards, etc. on the fly!

Lastly and then I will stop badgering you, Now you can sign up with Presto Pay using your Visa or MasterCard and be earning cashback or miles or whatever your card offers. Again, EASY (I know you guessed that word this timeJ) Check it out!

Our next order will be processed Sept 9th to be delivered Sept 13th. Anyone who orders scrip between now and Sept 9th will be entered to win a \$10.00 Dutch Bros Card.....So EASY!.

Thanks for Reading and remember “ShopwithScrip” (it's so easyJ)

Vicki Singer

uprepscrip@suhsd.net

enrollment code 1DDALAAE11595

College Quest 2019 College Fair

A Free Event at Simpson University

September 12, 2019 5:00-7:30pm

40+ Colleges & Universities

Career Exploration Workshops:
2 Sessions

Career Pathway Information

Financial Aid Workshops:
2 Sessions

Military Service Information

Workshop Sessions:
5:30 & 6:45pm



Sponsors of College Quest 2019

College OPTIONS ✓ The McConnell Foundation ✓ Shasta Union High School District ✓ Reach Higher Shasta
Merchants Bank of Commerce ✓ Redding Electric Utility ✓ Shasta College ✓ Golden Valley Bank
Dignity Health ✓ Shasta Regional Community Foundation ✓ Institute of Technology
Results Radio ✓ Redding Chamber of Commerce ✓ Dutch Bros

SHASTA COUNTY YOUTH/PEER COURT



OUR NEXT TRAINING SESSION IS

Thursday, Sept. 5, 2019

5:30PM-7:00PM

Dinner Provided

**Meet our Participating Judges &
Attorney's**

US Bank Building, 2nd Floor

1700 Pine Street, Downtown Redding



CALL TO RESERVE YOUR SPOT: (530) 244-7194

EMAIL: JAS@YOSHASTA.ORG OR

TEXT: 530-508-6875

AGES 13-18

SERVE

**In REAL Juvenile
Court Proceedings**

BECOME

**A Juror, Foreperson,
or Youth Attorney**

IMPROVE

**Your public
speaking skills**

MAKE

**A positive
difference in your
community.**

LOOKS

**Great on college &
scholarship
applications!**



University Preparatory School 2019-2020 School Calendar

July 2019						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

1st Quarter Ends:	October 11	(43)
1st Semester Ends:	December 19	(43)
3rd Quarter Ends:	March 20	(48)
2nd Semester Ends:	May 26	(41)

Shaded = Student Attendance Days (175)

September 2019						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

A screenshot of a Windows-style calendar for November 2019. The days of the week are labeled at the top: Su, M, Tu, W, Th, F, Sa. The dates are arranged in a grid. The 11th is highlighted with a yellow box. The 27th, 28th, and 29th are highlighted with red boxes. The 30th is partially visible at the bottom right.

January 2020						
Su	M	Tu	W	Th	F	Sa
				1	2	3
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020						
Su	M	TU	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May 2020						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

HOLIDAYS/RECESSES

Labor Day	Sep 2
Veteran's Day Holiday.....	Nov 11 <i>(by law must be Nov 11 if a weekday)</i>
Thanksgiving Break	Nov 25-29
Winter Break	Dec 20-Jan 6
Martin Luther King Day	Jan 20
Lincoln Day observed	Feb 17
Washington Day observed.....	Feb 18
February Recess	Feb 17-21
Spring Break	Apr 3-Apr 13
Memorial Day	May 25

CERTIFIED DATES

School Starts: August 13	Graduation: May 29
School Ends: May 28	
Staff Work Days	<input type="radio"/>
	Aug 12
	May 29
	Jun 1
Staff Development Days	<input type="radio"/>
	Aug 9
	Jan 6
	April 3

Snow Day Makeup: April 3

(If snow day makeup is used, then Staff Development Day work day will be moved to June 21.)